The HELP diagnostic pathway for HMB

Evaluating the problem

Take a medical history
- Carry out a physical examination
- Do a full blood count
- Ask about risk factors

IF suspected organic pathology or risk factors present

Tests and investigations
- Carry out further blood tests
- Imaging
- Biopsy

IF organic pathology detected

Surgery/other treatments

NO suspected organic pathology, **NO** risk factors, **OR** as interim management while awaiting further investigation

NO organic pathology detected

Yes

Treatment failure
Development of risk factors

Pharmaceutical treatment

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